

WHAT WE DO

MAKE EMPLOYEES
HEALTHY AND HAPPY

IMPLEMENT HEALTH
POTENTIALS AND REDUCE
HEALTH THREATS

EMPLOYEE SURVEYS

SEMINARS, COACHING,
WORKSHOPS, GROUP
EXERCISES, ROLE PLAY

TRAINING MANAGERS IN
HEALTHY LEADERSHIP



Goal of Work

Employee wellbeing

Healthy leadership

OUR EXPERIENCE

MOLL MARZIPAN

***“We invest €30.000 for
health promotion pr. year
and we receive so much
more that this investment
turned out to be the best
profit we ever had”***

Customer, CEO Dr. Armin
Seitz: the average return of
invest is: 1:5 (Invest one euro
and save 5)



CONTACT US

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***Work should be
the source of health***

WHO WE ARE

We are BGF GmbH, a consultancy
that improves occupational health
management

HOW & WHY

We have developed a survey system, with which we can measure the health status of your company.

A health management project begins with an analysis.

After a survey and validation of the results, the most important and strongest, not more than 15 factors can be identified by using a unique software. A precise course of action for an effective intervention can be made.

The aim is to tailor the whole process to your company.

The process includes target planning, analysis, data feedback, intervention planning and an evaluation of the whole process.



HEALTH POTENTIALS

Our model distinguishes between work-related health potentials and health threats.

Health potentials (identification, fair treatment, work life balance etc.) have a positive influence on the well-being of your employees and their meaning of work!

Employees with a high level of health potential in their work feel happy and confident. These employees are more productive and have increased performance.

Executives make potentials accessible.

The “health status” of employees’ are measured by 5 health indicators:

1. Work Joy
2. Self-confidence
3. Irritability
4. Exhaustion
5. Physical impairment

Health potentials are positive influencing factors in the workplace and essential for well-being.



THE HEALTH INSURANCES INVOLVEMENT IN BGF

The Prevention Law (2015) is making it possible to have the costs of an employee survey and project financed by a health insurance company.

The important task of leadership is to align employees’ goals with company goals.